



YOGASMITH

**PORTSMOUTH
STUDIO
Jan – May 2019**

Portsmouth Class Schedule: Jan 1st - May 31st, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am All Levels Martha		6:00am Level 2 Shelly		6:00am All Levels Kacy	8:00am Level 2 Martha/Becky	
9:15am All Levels Elizabeth	9:15am Level 2 Kate	9:15am All Levels Shelly	9:15am All Levels Ankati	9:15am Level 2 Kacy	9:30am All Levels Martha/Becky	9:00am Level 2 Ankati
11:00am Gentle Becky		12:00pm All Levels Shelly				10:30am All Levels Ankati
5:30pm All Levels/Slow Lauren	5:30pm Level 2 Ankati	5:30pm Level 2 Karyn	5:30pm All Levels Shelly			
	7:00pm All Levels Ankati	7:00pm Restorative Karyn				

Studios are closed the SECOND FULL WEEKEND OF EACH MONTH (Jan 12-13, Feb 9-10, Mar 9-10, Apr 13-14, May 11-12) as well as New Year's Day, Easter, and Memorial Day.

Visit www.yogasmith.com for up-to-date schedule.